

Introduction

- Navigating about one’s environment is a multi-faceted effort requiring a faithful representation of the visuospatial layout and one’s position and orientation within a space.
  - Mental imagery is known to play a key role in successful navigation; whether planning out one’s own route or providing directions to others, we must mentally simulate a trajectory through space and conjure up representations of pertinent contextual details. Males and females are evidenced to employ different mental navigation strategies<sup>1</sup>.
  - In this fMRI study, subjects first learned their way around three unique virtual reality environments, and later were scanned while viewing or imagining specific navigational routes through each of these worlds.
  - We used a searchlight-based multi-voxel pattern analysis approach to examine how the neural representations of one’s environment and navigational trajectory change as a function of whether the navigation is perceived or imagined.

fMRI Methods

**Acquisition & Preprocessing:** Siemens 3T Tim Trio; CMRR Multiband EPI parameters: TR = 1.5s; TE = 33ms; Flip Angle = 90°; # slices = 60; Voxel Size = 2.25 x 2.25 x 2.5 mm<sup>3</sup>; Multiband acceleration factor = 3; B0 Unwarping; HPF = 0.01 Hz.

**Registration:** For each subject, the middle volume of each run was used to create a subject-specific BOLD template to which all volumes were aligned using the ANTS diffeomorphic image registration software. Each subject’s MPRAGE was aligned to both the BOLD template and MNI space using FLIRT. All analyses were conducted in this subject-specific BOLD template space, and the resulting stat-maps were warped to MNI space to facilitate group-level analyses.


**Classification:** We employed a multi-class SVM (polynomial kernel; penalty=1) within a whole-brain searchlight (5-voxel radius) mapping procedure. Single trial brain activity patterns were defined by averaging the middle third of the TRs acquired during that trial. We used a leave-one-run-out cross validation scheme to predict “Which World” the subject was viewing or imagining on each trial of the held-out run. Separate analyses decoded “Which Direction” (clockwise vs. counterclockwise) the subject was viewing or imagining.


**Significance testing:** Voxel-wise one-sample *t*-tests were used to determine if the distribution of classification accuracies across subjects differed from chance (33% for Which World classifications; 50% for Which Direction). We report voxels at *p*<.005 with a cluster extent ≥ 46 voxels, which yields a corrected threshold of *p*<.05. Results were also analyzed as a function of gender to showcase a divergence in the cortical areas that facilitated classification in males (N=13) and females (N=10). Direct across-gender contrasts were not performed due to low sample size. We are currently recruiting additional subjects to facilitate a sufficiently powered comparison.


Design & Stimuli

- Day 1 (Lab)

  - After a VR “orientation session” subjects were teleported, in a random order, to one of three virtual environments, each populated with 8 distinctive landmarks at the cardinal locations along the periphery:


Lagoon World


Toon World



Ruin World


  - Subjects (N=23; 13 Males) were given five minutes to collect 20 tokens scattered throughout the environment, using any remaining time to freely explore. Subjects were explicitly instructed to take note of each environment and relevant landmarks. Subjects were then cycled back through each environment and given three minutes to collect the same tokens as quickly as possible.
  - Subjects also participated in “guided-navigation tasks” where they were instructed to move about each environment so as to pass by a designated sequence of major landmarks located at cardinal directions around the periphery.

Day 2 (Lab & Scanner)

- After more “guided-navigation” in the lab, subjects watched a series of 24 videos (8 from each world) in the scanner. The videos started at a landmark and circumnavigated the environment in either a Clockwise or Counter-Clockwise fashion. Videos were enforced to be 30s long.
- Subject were then instructed to close their eyes and mentally position themselves at a specified landmark in each environment. Their task was to navigate about the perimeter of the environment, making sure a particular landmark was the first they passed. This ensured 12 CW and 12 CCW mental navigation efforts that mirrored the trajectories seen in the videos.

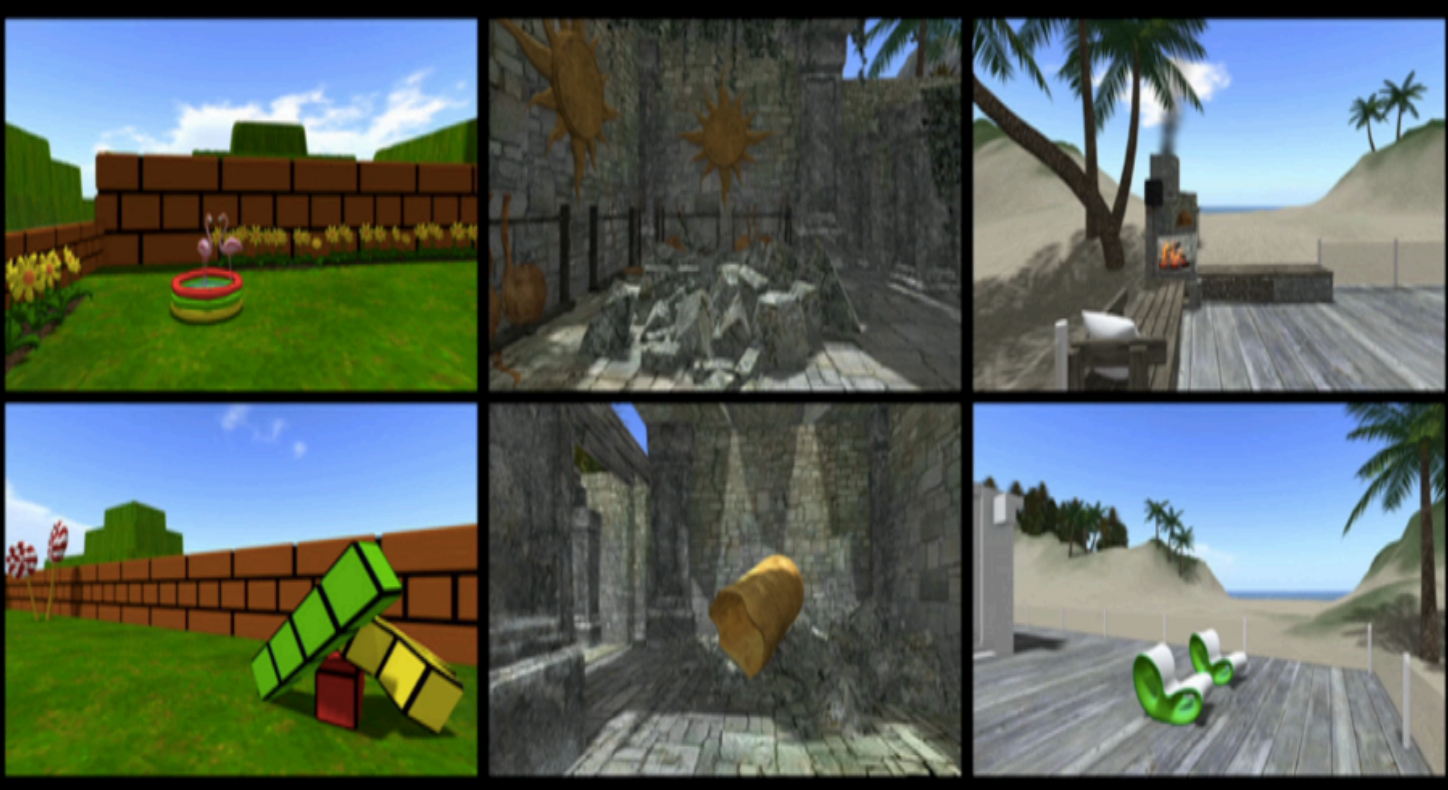
Toon World


Start


Next

Ready: 1  
Orient at Start: 2  
Each Landmark After: 3  
Return to Start: 4

Example Mental Imagery Instruction Screen


Screenshots of Clockwise and Counter-Clockwise Videos

Searchlight Classification Results

